



Mustang Metro



Serving North Nodaway R-II School District

Home of the Mustangs

Hopkins ♦ Pickering

Volume 2, Issue 1

Spanish/English?

by: Brent Hendrix



Beth Mires is the new 6-12 Spanish teacher and 6-8 Language Arts teacher. Ms. Mires grew up on a farm just east of Maryville, and graduated from Northwest Missouri State University.

During college, Ms. Mires worked as a SACC teacher at Eugene Field Elementary school in Maryville.

Some of Ms. Mires' favorite hobbies include reading and traveling. Ms. Mires says she is glad to be working at North Nodaway High School.

Sparkling Clean

by: Justin Hansen

Teresa Thompson has joined the staff at North Nodaway as the new custodian for the High School building. She grew up in Blockton, Iowa and is married to Ronald Thompson.



She has 3 children: Elizabeth, Jessica, and Jacob. She has lived in Hopkins for 25 years. Teresa enjoys planting flowers and playing with her 4 grandchildren: Alex, 7; Makya, 5; Hunter, 2; and Owen, 3 months.

New Guidance

by: Justin Hansen



Connie Teaney, K-12 Guidance Counselor, moved to Maryville from Michigan in 1981 and graduated from Maryville R-II in 1986. She received her Bachelor of Science degree in Business Education from NWMSU in 1990 and her Master's in Vocational Business Education in 1994. She is currently finishing up her additional certification area in guidance and counseling. She worked previously in the North Nodaway school district from 1991 to 1994 as the high school business teacher. The past 6 years she has been working as a secretary at NWMSU.

Making History

by: Cortni Livengood

Jeremy Ingraham is the new 6-8 Social Studies teacher. He grew up near Lathrop, MO and attended Lathrop School District. Mr. Ingraham is a graduate of CMSU in Warrensburg. For the first four years out of college he was a Loss Control Representative in the insurance field and for the last five years was the Production Manager for Michael Foods in Lenox, IA



All Fun & Games?

by: Brent Hendrix

The new kindergarten teacher, Kathy Brown was a graduate of North Nodaway High School in 2001. In April, she completed her Bachelor of Science degree in Elementary Education with a minor in Childcare at Northwest Missouri State University in Maryville.



During the past two years, Mrs. Brown has worked at Jack and Jill daycare. Mrs. Brown, being happily married to John Brown, and is now living in the Pickering area.

Some of her favorite hobbies include scrap booking, and spending time with family and friends. Mrs. Brown says she is glad to be part of the North Nodaway School District.

Authority Figure

by: Cortni Livengood

Mr. Pat McKee has joined the staff at North Nodaway as the 6-12 principal and Athletic Director. Mr. McKee grew up in Pickering before moving to Maryville. He has a son, Nathan, who is attending Kansas University in Lawrence, Kansas. He also has a daughter Kelli that graduated from the Oklahoma State University and Mr. McKee is a North Nodaway graduate of the class of 1968.



After high school, Mr. McKee attended NWMSU. He graduated with a Bachelor of Science degree in Secondary Education. His major was Physical Education/Health/Safety. Mr. McKee received his Master's degree in Secondary School Administration. He was a teacher at Maryville High School for 17 years. He was then the 7-12 Principal at Fairfax for 3 years.

His hobbies include fishing, gardening, hunting, and other outdoor activities. He also enjoys spending time with family and friends.

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News From the Hierarchy



Opportunities Develop in District

by: Mrs. Bolton

As we begin the 2005-2006 school year, we have a lot to be proud of in the North Nodaway R-VI School District. We celebrate our many accomplishments and look toward a year of promise. Just a few months ago we graduated 24 seniors, with 70 percent of them going on to pursue their higher education goals.

A brand new school year always presents opportunities for various beginnings – new classes, new faces, and this year, a new look to our facilities. Phase I of the renovation part of the facility improvement plan was completed just in time for the start of school. The elementary has a new drop ceiling in the food serving area and the renovation of the kitchen and men's second floor restroom at the middle school/high school building has been completed. Another exciting project is the replacement of the "old" gym floor with a multi-purpose Sport Court floor. It is a pleasure to observe the students using the "old" gym for physical education classes, pep assemblies, and other school activities. The custodial staff at both the elementary and middle school/high school put in many hours over the summer preparing the buildings for the beginning of school.

The Board has approved bids for Phase II and Phase III of the facility improvement plan. Bids for the Commons Area were approved at \$194,000 and for the Agriculture Building at \$279,731. Site preparation and construction on these projects should be starting very soon.

On behalf of the School Board, we would like to invite district patrons to visit North Nodaway and see the many fine improvements to our facility that has been made possible because of your support. I continue to look forward to an exciting and productive school year as we move forward with the final phases of the bond.

Elementary Takes Off on a Good Start

By: Mrs. Nally

The first quarter is over half way done and the elementary students have already gained a tremendous amount of knowledge. As I have walked through the classrooms I have seen activities and units on apples, life cycles, measurement, coordinates, the writing process, and the radius of circles just to name a few. As always, reading is a huge focus in the elementary building. Our students have individual reading goals they are trying to meet, but also have a school-wide reading goal. The school-wide reading goal has been set at 12,000 books read and AR quizzes passed. Currently, the students have read and passed AR quizzes on 1552 books!!

Upcoming events for the elementary students include:

- Family Reading Nights- September 27, October 4,11,25
- SUCCESS- Cosmic Bowling- Oct. 1
- Mark Twain Book Club- Oct. 6
- SUCCESS- Hunter's Safety – Oct. 14-15
- Fall Family Fun Fest- Oct. 15
- Bronco Bookworms- Oct. 20
- SUCCESS- Ocean Adventure- Shark Expedition- Oct. 29

New Year and A New Principal

By: Mr. McKee

The high school at North Nodaway is a buzz this year with many activities. This year we have 51 students enrolled in Middle School and 79 students in High School.

All students are busy with many, many activities this time of year. The varsity football team has jumped to a 3-0 start on the season with wins under their belts from Fairfax, Craig, and South Nodaway. The junior high football team is holding strong with a 1-1 start taking a loss from Craig and capturing a victory over Worth County.

The varsity softball team is well into their season with very few games left before district play. The team has racked up 13 wins with only 3 losses. They have also brought home 2 trophies. The team won first place in the Northeast Nodaway tournament and second place in the North Andrew tournament.

The Mustang Marching Band is off and running as well. They traveled to Creston, IA to participate in the parade and marched well as they represented the school.

Homecoming week is being celebrated September 26th through September 30th. Marsha Martin and the cheerleaders have lots of activities planned for the students. The football team will take on South Holt for the big game. Also on September 29th, the softball team will host North Andrew and also have their senior night.

On September 21, the students were allowed a day off as the teachers came in and worked hard during an in-service to boost student learning and achievement even higher.

Middle School Science: its all so Wonderful!

By: Brittney Baker

"Middle School Science this year has been going great," said Mr. Mason. "This year has started off with a bang, and I predict good things this year with my students." The students seem interested and motivated to learn new things. The bulletin board contest has had a very competitive start. Mr. Mason thinks that he might have to buy his 6th and 7th grades pizza again, but says, "That's alright as long as they're learning from it."

Mr. Mason says that his classes have made some pretty big messes already this year. For the first experiment the class sent a 50 foot plastic tube 50

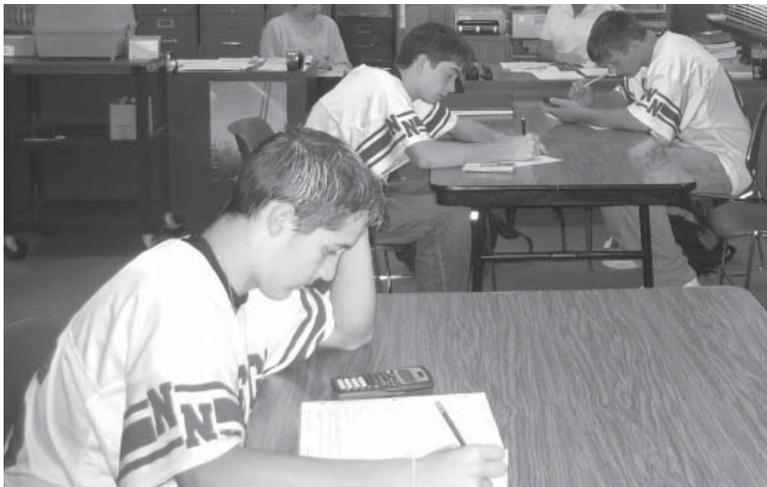
feet in the air, and observed the effects. They then observed osmosis using raw eggs, vinegar, corn syrup, and iodine. Mr. Mason said the experiment was fun and gave them all a better view of how osmosis works, even though it was a smelly experiment.

Mr. Mason also stated that he feels that the students seem to be enjoying his science classes. The students always participate in class and they get into some pretty good class discussions. Over all, the students enjoy middle school science and laugh a lot too.



The students in the 6th grade science class are concocting an experiment.

Sophomores concentrate while taking an Algebra test. Mr. Thompson comments that he may quite possibly have some of the brightest students in his math classes this year.



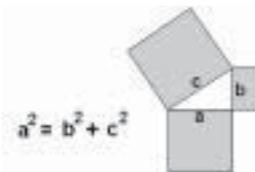
Life in the High School Math Lane...

By: Kyle McKee and Shawn Freuh

Math at North Nodaway may be only a four letter word, but students learn everything from Geometry to Trigonometry to Algebra. The High School math classes include Algebra I, Algebra II, Algebra III, Pre Calculus, T.A.G. (Talented and Gifted), and Applied Math. All of these classes are taught by Greg Thompson. Mr. Thompson has around 52 students in all of his high school math classes.

Mr. Thompson says that out of all of his high school math classes, he likes Algebra III the most. It is a challenge and requires knowledge of a variety of mathematical disciplines. In Algebra III, the students are reviewing material they covered last year. At the end of the first quarter, they will start to learn more about Trigonometry. In the Algebra III class, there are 11 juniors.

We asked Mr. Thompson what he thinks of his 52 students in his math classes, and he responded that out of all of his years working at North Nodaway High School, he thinks he has the best group of kids ever. We also asked Mr. Thompson if he thought any students in his classes were motivated to be a math teacher, and he said that when he was in high school, he was never motivated until later on, but there are students that have the talent and are capable of being math teachers. "Sometimes students will surprise you," Said Mr. Thompson.



Mustangs Hit a Winning Record

By: Megann Davis

The North Nodaway Lady Mustangs have had a very successful season so far.

Their first game was against the Worth County Tigers. The ladies couldn't seem to get the bats going until the very last inning of the game. The Lady Tangs had one run scored by Nacaela Greeley. Unfortunately, it was too late to bring down the Tigers. The final score was 1-3. Brittney Baker hit two doubles; Emily Murphy had one RBI, and Cortni Livengood had six strikeouts.

The Mustangs traveled to Union Star in late August. They really got the bats going and held the Trojans offense well. Scoring for the Mustangs were Lindsey Kreps, Traci DeMott, Kara Nicholson, and Murphy with one, Baker with two, and Greeley with three. Baker, Livengood, Greeley, Nicholson, Murphy, and Karie Ogle each with one RBI, and Greene with two. Livengood had seven strikeouts. The final score was 9-0 with a Mustang victory.

The Mustangs traveled to Jefferson at the beginning of September. It was a hard



Lady Tangs gather at the mound after warming up.

fought battle to the end, but the Lady Tangs came up short in the end by one run. Scoring for the Mustangs were Kylie Schluter, Livengood, Murphy, Glidden, and DeMott. Schluter, Kreps, Baker, and Greene each had one RBI. Livengood had five strikeouts. The final score was 6-7.

The latest home game played was against the Albany Warriors. The girls played a hard game and it showed. The final score was 11-1 with another victory under the Lady Tang's belts. Schluter, Nicholson, and Murphy each had one RBI. Baker and Livengood had two, and Greeley had four. Also, hitting doubles for the lady's were Livengood, Baker, and Greeley. Livengood struck out four opponents.

The Lady Tangs are off to a great start and we hope to see many more victories in games to come.

Lady Tangs Seeded First in North Andrew Tournament

By: Nacaela Greeley

As the Lady Tangs entered their second tournament, their record was 8-2. Seeded first in the North Andrew Tournament, the Lady Tangs came in with high expectations. Having to face the South Nodaway Longhorns first, they were eager for a win.

Coming into the first inning as the home team, the Lady Tangs took off scoring the first four batters across the plate. The team then held the Longhorns with impressive defense. Throughout the game the Lady Tangs held their heads up high and finished ahead with the score being 12-1.

Brittney Baker led the Lady Tangs with 2 hits, 2 runs, and 3 RBI's. Also scoring for the Lady Tangs were Jessica Greene with 2 runs, Kylie Schluter with 2, Cortni Livengood, Emily Murphy, Kara Nicholson, Lindsey Kreps, Lacy Nicholson, and Nacaela Greeley all had 1 run. Livengood gave the Lady Tangs 7 strikeouts with 2 walks and no errors.

The Lady Tangs then proceeded on to the semi-final round of the tournament. They faced the fifth seeded team, Plattsburg. The Lady Tangs had some days to rest before the tournament and it showed. They came out fired up, scoring 3 runs in the first inning. Scoring 4 people in the third inning and 3 people in the fourth the Lady Tangs came out on top, 10-1.

Top scorers for the Lady Tangs were Greeley with 3 runs and DeMott, Livengood, and Baker all coming in with 2 runs. Also scoring was Kreps with 1 run. DeMott led the team with 4 RBI's, Greeley with 2, and Livengood, Nicholson, and Greene all had 1. Livengood faced 25 batters, striking out 12 and only walking 3.

Coming into the Championship game, the Lady Tangs prepared to face Stanberry. With Stanberry not being either a conference, or district team the Lady Tangs didn't know exactly what they were facing. Coming out in the first inning, only scoring one run from Schluter, the team had to hold the defense tight. The only other runs being scored in that game came from DeMott in the fourth inning and Livengood in the fifth.

The Lady Tangs unfortunately came up one run short letting the Bulldogs score 4 runs. Livengood faced 30 batters, striking out 8, walking 2 and allowing 8 hits.



Kylie Schluter sets up her stance to score the first run for the Lady Tangs.

Lady Tangs Take First Place at Northeast Nodaway Tournament

By: Jessica Greene

After only playing one game before entering their first tournament, the Lady Mustangs took home their first 1st Place trophy of the season; one they feel won't be their last.

Dominating the first game on Wednesday, the Lady Tangs beat Stewartsville 18-1 and were geared up for the next games in the tournament. High scorers for the game included Lindsey Kreps and Emily Murphy, both with 3 runs. Kylie Schluter, Cortni Livengood, and Karie Ogle racked up more runs with 2 each and Brittney Baker, Kaylee Stump, Nacaela Greeley, Traci DeMott, Nena Volner, and Jessica Greene all brought in 1 run. Livengood also helped out the defense facing 12 batters, striking out 5 and walking only 1.

The next game in the tournament was against Union Star, a team they had beat only two days prior. The Lady Tangs came into the games with high hopes and a sure sight for victory. After a slow start, the Lady Tangs hopes looked a little shady. After battling back, they pulled out a 4-3

victory. Scoring for the Lady Tangs were Kreps, Baker, Greene and Nicholson, all with 1 run each. Schluter started off the night pitching 10 strikeouts, allowing 2 walks and only 2 errors. Livengood then came into game as the relief pitcher finishing the game with 1 strikeout, no walks and 1 error.

In the Championship game, the Lady Tangs had to face Northeast Nodaway. The Lady Tangs were ready for that first place trophy and it showed. They came out fired up in the first inning, while allowing no runs from the opponents. This continued the entire game as the Lady Tangs came out on top 10-1. Top scorers for the Lady Tangs were Murphy(2), Greene(2), Schluter(2) and Kreps(2). Rounding out the scores were Baker(1) and DeMott(1). Livengood ended the tournament pitching her first no hitter. She faced 16 batters and struck out 5 leaving the Lady Tangs with the first place trophy and a sure confidence for the rest of the season.

Mustangs Win in Season Opener

By Jace Randle

The North Nodaway Mustang Football team headed over to Craig, for their season opener against the Hornets on September 2, 2005. The football team opened up the first quarter, scoring 6 points off of a touchdown pass from Jace Randle to Shawn Frueh. The next points came in the second quarter with a 1 yard run by Randle; the conversion ran in also by Randle.

During the third quarter, the football team came out with the half under their belts. They had settled down and looked more confident as they came back onto the field. The Mustangs drove down on their first drive, and Randle scored on another 1 yard run. With 2:51 left in the third quarter, the Hornets broke a 23 yard run to bring the score to 20-6. With 1 second left in the third, fullback Doug McKee busted a 4 yard run up the middle for another Mustang touchdown. In the fourth and final quarter, Randle completed two more passes for touchdowns, one to Jacob Greeley and one to Quent Blackford.

The Mustangs won the game and their season opener, 41-6. Blackford finished the night with 160 yards rushing, Randle 66, and McKee 49. Leading tacklers for the Mustangs were Blackford 23 and one forced fumble, McKee 15 and two forced fumbles, Josh Ogle 11, and Kyle McKee 9.

Pictured below is the North Nodaway kickoff team getting ready for one of the many kickoffs during their 51-0 win over Fairfax.



"North vs. South"

by Doug McKee

This week the Stampeding Mustangs herded the Longhorns of South Nodaway. Early in the first quarter after a miscommunication on defense, the Longhorns scored on a 60 yard pass. The Mustangs then responded in the second quarter on a long scoring drive. Quarterback Jace Randle connected on a pass to Doug McKee in the end zone for 18 yards. Midway through the second quarter the Mustangs held the Longhorns on the goal line for 3 downs until Tyler Salisbury squeezed one in for a touchdown. On the next drive the Mustangs responded again on a 1 yard run by Quent Blackford up the middle, making it 13-12. Then one more time, Blackford scored on a 1 yard run ending the half.

During halftime, the Mustangs made some adjustments and came out firing on all cylinders. Quent Blackford was first to score on a 4 yard run. The Mustangs, again, scored from a 1 yard run by Randle. After holding the Longhorns to 4 and out, they had to punt, which led to a 56 yard return by Randle. On the extra point, the Mustangs faked the field goal and

passed to end, Shawn Frueh for 2 points. That ended the 3rd quarter with a 42-12 lead by the Mustangs. The Longhorns scored twice, as the Mustangs scored only one more time in the 4th quarter.

On offense, Randle lead the backs in rushing yards with 88 and Blackford ran the ball for 82 yards. For passing, Randle had 98 yards.

On defense, Blackford lead the team in tackles with 16, Cory Roberts with 12, Doug McKee and Kyle McKee with 10 and 9 respectively.



The Mustang defense is ready for the next play

Mustang's Advance to 3-0

By Brooke Florea and Nacaela Greeley

The North Nodaway Mustangs had a big win Friday night over the Fairfax Bulldogs. The final score was 51-0, ending with 5 minutes left in the 3rd quarter.

The first score of the night was by Jace Randle on an interception returned 30 yards for a touchdown. Next, Shawn Frueh had a 10 yard run to make the score 12-0. With 6 minutes

left in the first quarter, Randle threw a 21 yard pass to Frueh to add another touchdown for the Mustangs. With three minutes left, Doug McKee had a 3-yard fumble recovery for a touchdown. Mustangs ended the first quarter with a 25-0 lead over the Bulldogs.

The second quarter the Mustangs came out just as strong when Quent Blackford had a 4-yard run for another touchdown. The next play came from Randle when he had another interception and returned it for a 22 yard touchdown, making the score 37-0. Cole Fisher, a freshman, stepped up on Friday night and had a 35 yard run for another touchdown. The score at the end of the first half was 44-0.

Starting the second half, Randle had a 16 yard run for a touchdown, making the score 51-0. This play sent the Bulldogs home and the Mustangs looking forward to the Nodaway Holt Trojans.

The Starting Point of Their School Career.

By: Traci Demott

The North Nodaway preschool is off on wonderful start, The childrens are being taught by Mrs. Meyer this year. There are 10 childrens in preschool, 5 boys, and 5 girls.

The preschoolers have been working on following direction, learning how to play and work together, and taking care of thier personal needs. They have also been working on writing thier names, and recogizing each other names. They learn a new letter each week, Mrs Meyers thinks it is important to teach the preschooler to control their bodies, and learn how to work with others. They need to be able to print their names, first and last. They need to know the difference between letters and numbers.

Here are some activities that each preschooler like the best: Alex, Baily, K.J., Ashley, Treyton and Brayden all like to ride toys outside. Ashley, Emily and Alex like to write and color. Olivia likes to play on the monkey bars. Kristin likes to pick up toys, and build with blocks, Lincoln likes to play hide-and-seek, and build barns

Mrs. Meyer thinks the most exciting things about working with Preschoolers are their smiles and hugs every day. She also said, "It is very rewarding to be able to watch them eagerly learn so many things that will help them have a great start in Kindergarten".



The 2005-06 Preschoolers are: Bailey Ford, Ashley Dew, Emily Dew, Kristin Herndon, Olivia Miller, Lincoln Pope, K.J. Hansen, Alex Roderick, Treyton Farley, Brayden Beattie



During Character builder day, members of the North Nodaway Student Council raced to win the ice breaker game. The Student Council met the day before school started to generate ideas and enthusiasm for the coming school year.

2005 -2006 Student Council

By: Lindsey Krepz and Amber Siecht

As the Student Body President, DeWayne McIntyre has a lot on his plate for the upcoming school year. The student body has made a list of goals they would like to achieve for the year. Some goals being, they have set a budget of \$4,000 profit with a new pop machine and a spirit stand in progress. This seems like an unruly amount, but with the ambition of this year's student body, he believes that they can achieve this goal with high expectations.

Before school started, the student council members met at the high school and had a day of fun, games, and hard work. They did team building activities and broke up into groups to get the ball rolling and tried to get new ideas for the new school year. At the end of the day they made a list of goals they could incorporate for the school year. The main goal the group came up with is to receive the Gold Award. The student council received this award the previous year and is hoping to obtain it again. This award requires community service, money management, good leadership skills throughout the student body, and leadership sessions. The student council feels that this award is obtainable and can easily be

reached if the students have the desire and self-motivation. As the school year progresses, the kids get tired and want a day to relax. Last year the STUCO organized a "Spring Fever Reliever," this involved a cookout, games, and some of the Northwest football players to speak. Everybody had a great time with this event and is looking forward to another successful day with this.

McIntyre's objective this year is community involvement. He wants the students at North Nodaway to get involved and promote good behavior. A community project that is coming up for STUCO is Adopt-A-Highway; this project is demanding and takes patience and self-determination. The student body would like to paint lines in the parking lot at the school to keep control of the driving and make our parking lot look more organized.

School spirit is a large factor in every school, and this year we are trying to focus on making a "louder year." North Nodaway wants to make an impression on this town and wants to make our name known. With every persons help and support we can make this happen and our student body wants to make sure of this!

Junior High Basketball

Girls and Boys

Date	Opponent	Home/Away	Time
10/25/05	Worth County	Home	5:30 pm
10/27/05	Rock Port	Home	5:30 pm
11/01/05	Craig	Home	5:30 pm
11/03/05	Tarkio	Away	5:30 pm
11/07/05	Mound City	Away	5:30 pm
11/08/05	St. Gregory's	Home	5:30 pm
11/10/05	West Nodaway	Home	5:30 pm
11/14/05-11/19/05	NE Nodaway Tourney	Away	TBA
11/21/05	Nodaway-Holt	Home	5:30 pm
12/05/05	Fairfax	Away	5:30 pm
12/08/05-12/10/05	Jefferson Tourney	Away	TBA
12/12/05	South Holt	Away	5:30 pm

Varsity Football

Date	Opponent	Home/Away	Time
9/23/2005	Nodaway	Away	7:00
	Holt		
9/30/2005	South Holt	Home	7:00
10/7/2005	King City	Away	7:00
10/14/2005	Mound City	Away	7:00
10/21/2005	Stanberry	Home	7:00
10/28/2005	W. County	Home	7:00
11/4/2005	West Nodaway	Home	7:00

Varsity Basketball

Girls and Boys

Date	Opponent	Home/Away	Time
11/22/05	Jefferson	Home	6:30 pm
11/28/05-12/3/05	Albany Tourney	Away	TBA
12/6/05	Northeast Nodaway	Away	6:30 pm
12/9/05	Rock Port	Home	6:30 pm
12/13/05	Worth County	Home	6:30 pm
12/15/05	Albany	Home	6:30 pm
12/19/05	North Andrew	Away	6:30 pm
1/3/06	Essex	Home	6:30 pm
1/6/06	Tarkio	Away	6:30 pm
1/9/06-1/14/06	Fairfax Tourney	Away	TBA
1/20/06	Mound City	Away	6:30 pm
1/23/06	South Page	Away	6:30 pm
1/27/06	West Nodaway	Home	6:30 pm
1/30/06	Farragut	Away	6:30 pm
2/3/06	Nodaway Holt	Home	6:30 pm
2/7/06	Stanberry	Home	6:30 pm
2/10/06	Fairfax	Away	6:30 pm
2/17/06	Craig	Home	6:30 pm
2/21/06	South Nodaway	Home	6:30 pm
2/24/06	South Holt	Away	6:30 pm

Newsletter Staff

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Nacaela Greeley

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Cortni Livengood

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Brooke Florea, Brittney Baker, Doug McKee, Shawn Frueh, Jace Randle, Kyle McKee, Amber Liechti, Brent Hendrix, and Justin Hansen

*** JV Games will be announced at a later date after the number of players for each team is determined. JV games will typically begin at 5:00 pm if/when they are played. Thank you for your understanding in this matter.

October Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 FB-vs-South Holt (JH/JV) 7:00	4	5 Pto Mtg Softball Dis- tricts@Albany	6 Mark Twain Book Club(Elem) Softball Dis- tricts@Albany	7 FB@King City 7:00 (V)	8 Softball Dis- tricts@Albany
9	10 FB -vs- West Nodaway 5:30 (JH)	11	12	13	14 FB@Mound City 7:00 (V)	15
16	17	18 Elem./MS/HS Conference	19 Elem./MS/HS Conference	20 Bronco Book- worm Club (elem)	21 FB -vs-Stanberry 7:00 (V)	22
23	24	25 JH BB-vs-Worth County (G/B) 6:00	26	27 JH BB-vs- Rockport (G/B) 6:00	28 FB -vs-Worth County (V) 7:00	29
30	31 First Possible H.S. BB Practice Halloween!!					

October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast: Yogurt Lunch: Hot dog on bun, Mixed Vegetables, Banana pudding	4 Breakfast: Cinnamon Roll Lunch: Hamburger on bun, Potato Chips, Grapes, Rice Krispie Treat	5 Breakfast: Breakfast Bar Lunch: Turkey & Noodles, Peas, Peaches	6 Breakfast: Waffle Lunch: Sub sandwich, Dill pickle spears, Mixed fruit, Trail Mix	7 Breakfast: Breakfast burrito Lunch: Corn dog, Green beans, Jello/Pears
10 Breakfast: Sausage Lunch: Chicken Nuggets, Mac 'n' Cheese, Carrot Sticks, Peaches, Ice Cream Cup	11 Breakfast: Bicult & Gravy Lunch: Pizza, French Fries, Apple, Ice Cream Swirl Cup	12 Breakfast: Pop Tart Lunch: Burrito, Creamed Corn, Grapes, Fudge Pop	13 Breakfast: Bagel Lunch: Potato Bar, Lettuce Salad, Peach Cobbler	14 Breakfast: Cheese Egg Patty Lunch: Spaghetti/Meat Sauce, Hot Bread, Green Beans, Mandarin Oranges
17 Breakfast: Danish Lunch: Rib Patty on bun, Lima Beans, Pears, Cookie	18 Breakfast: Fresh Fruit Lunch: Chicken Patty, Mashed Potatoes/Gravy, Apricots	19 Breakfast: Breakfast Bar Lunch: Salisbury Steak, Scalloped Potatoes, Banana Cake	20 Breakfast: Egg Muffin Lunch: Chili, Crackers, Celery Sticks, Orange, Brownie	21 Breakfast: Pancakes Lunch: Potato Bravo, Peas, Applesauce
24 Breakfast: Breakfast Pizza Lunch: Popcorn Chicken, Potato wedges, Apricots	25 Breakfast: PBJ Griller Lunch: Meatball sandwich, Mac 'n' Cheese, Apple	26 Breakfast: Pop Tart Lunch: Walking Taco, Pineapple, Trail Mix	27 Breakfast: French Toast Lunch: Beef 'n' Noodles, Mashed Potatoes, Banana, Pudding	28 Breakfast: Banana or Orange Lunch: Grilled Cheese Sandwich, Green Bean Casserole, Peaches
31 Breakfast: Scrambled Eggs Lunch: BBQ Sandwich, Corn, Pineapple				

NORTH NODAWAY R-VI SCHOOL DISTRICT
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We will provide a challenging curriculum in a positive learning environment, which supports individual and community needs, while promoting lifelong learning.