

# NORTH NODAWAY R-6

November 2018						6-12 Lunch
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Teriyaki Chicken Bosco Sticks Brown Rice Stir Fry Veggies Baby Carrots/ Fruit	<b>2</b> Spaghetti /Meat Sauce Baked Chicken Garden Salad Fruit	<b>3</b>
<b>4</b>	<b>5</b> Breaded Chicken Mac & Cheese w/ Ham Carrots/ Peas Fruit	<b>6</b> Beef Nachos Chili Dogs F.F. / Refried Beans Salsa Fruit	<b>7</b> Chicken Quesadilla Chicken Alfredo Broccoli Cookie / Fruit	<b>8</b> Meat Ball Sub Turkey Wrap F.F. Cucumber Slices Fruit	<b>9</b> Pizza or Meat Loaf Garden Salad Fruit Granola Bar	<b>10</b>
<b>11</b>	<b>12</b> <div style="text-align: center; font-size: 1.5em; font-weight: bold;">NO SCHOOL</div>	<b>13</b> Chicken Fried Steak Ham Steak Mashed Potatos Gravy / Green Beans Fruit	<b>14</b> Walking Taco / Pizza Garden Salad Black Beans Jello Fruit	<b>15</b> Chicken Nuggets Sub Sandwich Celery & Carrots Fruit	<b>16</b> Turkey Dressing Mashed Potatoes Gravy, Corn, Hot Roll Frosted Pumpkin Bar Veggies w/dip Fruit	<b>17</b>
<b>18</b>	<b>19</b> Beef Bean Burrito Chicken Fajitas Refried Beans Cookie Fruit	<b>20</b> Hot Ham & Cheese Mr Rib F.F. Green Beans Fruit	<b>21</b> <div style="text-align: center; font-size: 1.5em; font-weight: bold;">NO SCHOOL</div>	<b>22</b> <div style="text-align: center; font-size: 1.5em; font-weight: bold;">NO SCHOOL</div>	<b>23</b> <div style="text-align: center; font-size: 1.5em; font-weight: bold;">NO SCHOOL</div>	<b>24</b>
<b>25</b>	<b>26</b> Frito Chili Pie Grilled Chicken Corn Cucumber Sli. Fruit	<b>27</b> Hamburger Grilled Cheese Chicken Noodle Soup Celery/ Carrots Fruit / Yogurt	<b>28</b> Chili Dog Chicken Parmesan Mixed Veggies Fruit	<b>29</b> Meat Balls Buttered Noodle Cold Turkey Sand. Baby Carrots /Corn Fruit	<b>30</b> Pizza White Chili Garden Salad Fruit / Cookie	

Menu Subject to Change 1% and fat free milk offered at meal times

This institution is an equal opportunity Employer